

SIGMA GAMMA RHO SORORITY, INC.

BETA OMICRON SIGMA | QUEEN CITY ALUMNAE CHAPTER
STEPHANIE LAWRENCE, BASILEUS | CHARLOTTE, NC



YOUTH SYMPOSIUM
MISSION POSSIBLE

A SAFE SPACE FOR OUR YOUTH

SATURDAY, MARCH 9, 2019 | 9:00AM

UNIVERSITY OF NORTH CAROLINA AT CHARLOTTE

WWW.QUEENCITYNC-SGRHO.ORG

#YS2019

ABOUT THE YOUTH SYMPOSIUM

From the National Programs Committee of Sigma Gamma Rho Sorority, Inc.:

“On March 9, 2019, the 2nd Saturday of March, which is commemoratively set within Sigma Week, Sigma Gamma Rho Sorority, Inc., alumnae chapters will unite to simultaneously host the annual Youth Symposium across this nation. The Symposium is just one initiative of our national signature program, Project Reassurance, which has

incorporated the theme of ‘H3: It’s All About Me – Healthy Choices, Healthy Living, Healthy Generations.’



The 2019 Youth Symposium theme is “Mission Possible: A Safe Space for Our Youth”. We live in a time in which protecting our youth is imperative to survival. Equipping the youth with the skills and competencies to not only advocate for themselves but also their peers is important. For parents and

guardians, it is important to know and understand what affects the youth, and to be able to support and advocate on their behalf is also important. The goal of the symposium is to create dialogue, have opportunities for youth to connect to community resources, and to provide inspiration for making positive and long-last change.”



MISSION POSSIBLE A **SAFE SPACE** FOR OUR YOUTH

#YS2019

Hello Parents!

My name is Nichole Palmer, and I want to take this quick opportunity to welcome you to Sigma Gamma Rho Sorority, Inc. Youth Symposium 2019. This year's theme is **Mission Possible: A Safe Space for Our Youth**. On Saturday, our sister chapters across the country are holding similar symposiums. Our desire is to equip our young people with pertinent information and viable skills that will help ground them in confidence and arm them with the ability to advocate for themselves in any situation.

The classes are designed to reach our youth exactly where they are, teach them how to make sound decisions, and give them practical tools they can use in the world. The goal of the symposium is to create dialogue, have opportunities for youth to connect to community resources, and provide inspiration for making positive and long-lasting change.

With any event of this scope, we want to give parents a list of topics we will be discussing. This year, we are offering the following: Self Esteem, Dating Violence/Healthy Relationship Building, Martial Arts/Self Defense, the Reality of Money — Live Monopoly, Etiquette, College Essentials — Self Advocacy on College Campuses, Resume Writing and for some fun time a Scavenger Hunt and Escape Room.

Not every young person will be given the opportunity to attend every workshop. Spaces were limited, and classes were in-depth. This year we have the joy to say we will be hosting almost 160 youth, 70 volunteers, and almost 45 parents and loved ones. We ask that all participants dress comfortably because these classes will make you move.

Once again, on behalf of Sigma Gamma Rho Sorority, Inc. Beta Omicron Sigma Chapter of Charlotte, I welcome you to the Youth Symposium 2019. Can't wait to meet you!

Sincerely,



Nichole Palmer
Chair, Youth Symposium 2019
Sigma Gamma Rho Sorority, Inc.
Beta Omicron Sigma Chapter — Charlotte, NC
YS.queencitync.sgrho@gmail.com



MISSION POSSIBLE A **SAFE SPACE** FOR OUR YOUTH

WORKSHOPS

HEALTHY CHOICES: Choosing Me

- “Mirror Mirror: Keeping It Real” – Intimate discussions of issues that impact self-esteem
 - Facilitators
 - Tatshyana Brooks & Caitlin Bailey (Ladies, 12-15)
 - Alesia Gilmore & Carol Sims (Ladies, 16-18)
 - Joshua Murray & Tompson Lumpkin (Gentlemen, 12-15)
 - Antwan Ward (Gentlemen, 16-18)
- “Empowering You for Healthy Relationships” with Alex Pyun and Monica Williams - Age appropriate discussions about dating violence
- “Personal Safety: Physically & Emotionally Arming Me to Win” with Martial Arts/Personal Safety: R.A.D. from U.N.C.C.

HEALTHY LIVING: Equipping Me for Success

- “Reality of Money” with the State Employees’ Credit Union — Live Monopoly, fun and interactive workshop simulating budgeting and financial management in the real world
- “College Essentials — Let’s Talk About It” with LaBecky Roe & members of Sigma Gamma Rho Sorority, Inc
- “Résumé Portfolio: Hook Up Your Look” with Charles Hunt – Tips on professionalism and how to impress on paper and in-person

HEALTHY FUN

- “Escape Room” or “Scavenger Hunt” with Sigma Gamma Rho – fun and interactive team building activities
- “Let’s Socialize!” with Melendy Moore — Etiquette training for the novice and currently dating



FACILITATORS

Caitlin Bailey...



is a licensed Commercial Insurance Agent. She has been employed by McGriff Insurance Services Inc. a subsidiary of BB&T Bank since 2012. She graduated from UNC-Greensboro with her B.S. in Business Administration with a concentration in Human Resources. Caitlin is a member of Sigma Gamma Rho Sorority, Inc. and Alpha Kappa Psi Professional Business Fraternity. Caitlin is currently enrolled in Western Carolina University's Master of Entrepreneurship and Innovation Leadership Graduate Program. In her spare time, she enjoys road trips with her husband, Jarrett, and daughter, Joey.

Tatshyana Brooks...

is a member of the Beta Omicron Sigma Alumnae Chapter of Sigma Gamma Rho Sorority Incorporated. She loves serving our communities through the work of Sigma. When she is not working as a Sales Manager at a Full-Service Hilton brand property in Uptown Charlotte, she is pursuing a Master's in Public Administration from Delaware State University. She enjoys reading and researching new things because she relishes the solitude and calmness that can be found in a great book or an interesting article. Her goal is to be a General Manager of a Full-Service property within the next 5 years.





Alesia Gilmore...

was inducted into the Nu Rho Chapter (UNC-Charlotte) of Sigma Gamma Rho Sorority, Inc. during the Spring 2010 semester. She has a Bachelor's degree in Psychology and a Master's degree in Clinical Mental Health Counseling. She has over 8 years of experience working with children, adolescents, and adults with mental health and substance abuse issues. She is a Licensed Professional Counselor-Associate (LPC-A) in both N.C. and S.C. She is also a Licensed Clinical Addictions Specialist-Associate in NC, as well as a Certified Clinical Military Counselor. She enjoys her work

as a therapist and believes in the importance of advocating through social change. Alesia is currently the Civic and Social Action Committee Chair for the BOS Chapter. Alesia is married to, Kyle Gilmore - member of Iota Phi Theta Fraternity, Inc. of 4 years. They are the proud parents of 4-month old Elijah.

Charles Hunt...

is a Resilience Expert, Educator, and motivational speaker. Adept at leveraging transparency to inspire and get results, this former HR (College Recruiting & Early Talent Management) and Supply Chain leader left the corporate world to fulfill his vision of building unbreakable spirits and cultivating resiliency for those who, like him, have The Audacity to Succeed. He helps students, young professionals, business and thought leaders build resilience while harnessing our most important resource in resilience...our minds. Charles' TEDx Talk "What Trauma Taught Me About Resilience" has attracted international acclaim. Armed with undergraduate and graduate business degrees, and experience from the life-issued "School of Hard Knocks", Charles is uniquely gifted and equipped to inspire, motivate, teach, and explain how clients can execute their own "From....To..." story.



Melendy Moore...



is currently the owner and principle etiquette instructor of Talk the Talk Consulting. With over 15 years of etiquette facilitation, Melendy has helped to cultivate the graces of hundreds of attendees through various seminars and classes. She is a graduate of Waynesburg University in Waynesburg, PA., a Pre-K teacher and an active member of Greater Mt. Sinai Baptist Church. Melendy is married to Vaughn and they have two sons, Malcolm and Myles. She is a tenured mother of Jack and Jill of America, Inc., and also a proud member of Sigma Gamma Rho Sorority, Inc.

Joshua Murray...

is native of Lorain, Ohio. He graduated from the University of Akron (Ohio) with a Bachelor of Arts degree. Joshua has worked in the financial service industry for approximately 10 years where he supported various parts of the bank including: Retail Banking, Collections, Home Mortgage, Operations, and Audit. Prior to entering the financial service industry, he worked in Social Services as a Case Worker providing services to children with developmental delays and/or parents referred to the agency due to a court order. Additionally, during college he worked as a counselor with the Akron Area YMCA. Outside of work, Joshua is an active member of Iota Phi Theta Fraternity, Inc. (Gamma Nu Omega Chapter) and the National Association of Black Accountants (NABA Charlotte). Additionally, he is a Deejay, co-host a podcast, and contributes content for a media and entertainment website. His motto is a quote from his great-grandmother: "If it's to be, it's up to me".



Alex Pyun...

is currently the Violence Prevention Manager for Mecklenburg County's Community Support Services, Prevention and Intervention division. He graduated with his MSW from UNC-Charlotte. After graduating, Alex became the first male staff at Safe Alliance's Domestic Violence Shelter, where he was a children's counselor for child witnesses of domestic violence. In 2016, Alex became the Information and Education Coordinator for Mecklenburg County Community Support Services and focused his attention on the prevention of domestic violence. Alex has appeared on WCCB Charlotte and WBTV Charlotte evening news as the teen dating violence expert, and radio stations Kiss 95.1, WSOC-TV, and Latina 102.3. Alex has also led local and national workshops on teen dating violence, including the North Carolina Coalition Against Sexual Assault, the National Coalition Against Domestic Violence, and the AHEC Youth Violence Prevention Conference.



Carol Sims...



was inducted into the Mu Tau chapter of Sigma Gamma Rho Sorority Incorporated, on March 9, 2009 at Livingstone College (Salisbury). She has a Bachelor's of Arts degree in Psychology with a concentration in Sociology and is currently working on a Masters degree in Counseling with a concentration in Schools from UNC-Charlotte. Carol has over 7 years of experience working with students throughout the Charlotte Mecklenburg School System. Currently, Carol serves as the chair of the Step and Stroll committee for the Beta Omicron Sigma Chapter. She truly enjoys time spent with her fiancé, friends, family, and Sorors.

Carol's life motto: "Two roads diverged in a wood, and I took the one less traveled by and it has made all the difference," by Robert Frost is a quote she believes and live by.



Antwan Ward...

"One small step is worth a million thoughts"

Antwan attended Western Michigan University where he obtained a BBA of Sales and Business Marketing, and gained the education, hands-on experience, and foundation that set the stage for his career.

During 15 years of banking experience, he had the opportunity to serve in various roles — Consumer Lending Specialist, Personal Banker and Licensed Financial Center Manager II for 8 years. Each position presented new challenges, experiences, and growth that led to his current position: Assistant Vice President at Fifth Third Bank Preferred Banking Division. Antwan is also a licensed Investment Executive with Fifth Third Securities. In addition, he serves on the board of the African American Network (employee resource group) and on the leadership team for the North Carolina Retail team. Antwan is committed to help others breakthrough boundaries and achieve goals beyond their measure.



Outside of work, he enjoys spending time with family, being active with the members of Iota Phi Theta Fraternity, Inc. Gamma Nu Omega Chapter, and participating in a number of mentor programs. Antwan is a native of Flint, M.I. and a resident of Charlotte, N.C.



#YS2019



State Employees' Credit Union presents a financial simulation activity for teenagers...

The Reality of **MONEY**



This activity gives students a “peek” into the future as they are “transformed” into young adults with jobs, debt, families and other real world responsibilities. During the simulation students move through multiple expense stations where volunteers assist them in making the everyday financial decisions necessary to make it to their next payday. This activity provides a great opportunity for schools to work side by side with SECU, parents, and community volunteers to help students prepare for their financial future.



Ask SECU about bringing the Reality of Money to your school!

Learning Objectives Include:

- 💰 The importance of good credit and its effect on financial opportunities
- 💰 The advantage of additional education after high school
- 💰 Learning to make smart decisions with money now creates a solid financial foundation for the future



Contact SECU's Member Education & Outreach group at 919.807.8344 for more information!

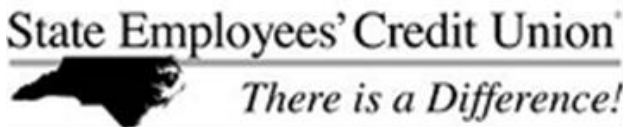
State Employees' Credit Union®



MISSION POSSIBLE A **SAFE SPACE** FOR OUR YOUTH

#YS2019

THANK YOU TO OUR PARTNERS
AND DONORS!



SWIM 1922



MISSION POSSIBLE A SAFE SPACE FOR OUR YOUTH

#YS2019

THANK YOU TO OUR PARTNERS
AND DONORS!

100 Black Men of Greater Charlotte

BB&T

Charlotte's got a lot.

Coca-Cola

Croft Community School

Food Lion

Frito Lay

Harris Teeter #174

March of Dimes

Philo Affiliate – Beta Omicron Sigma Chapter

Rhoer Club – Beta Omicron Sigma Chapter

State Employees' Credit Union

John Straud

Swim 1922

Yellow Tea Rose Foundation of N.C.



MISSION POSSIBLE A **SAFE SPACE** FOR OUR YOUTH